# CHILDREN AND FAMILY SERVICES ADVISORY COMMITTEE MAY 17, 2012 MINUTES

**PRESENT:** Missy Kueht-Becker, Carol Hanneman-Garuz, Kathy Duffek, Sheri Campbell, Sarah Badeau, Joe Vitale, Amy Bauman, Sarah Carpenter, Katie Miller, Jennifer Hammel, Ed Cohen, Lisa McLean, Debra Wandsnider, Sarah Matson, Ashley Frazier, Maura McMahon

**STAFF PRESENT:** Jesus Mireles, Pete Slesar, Eve Altizer, Kathy Mullooly

Missy Kueht-Becker called the meeting to order at 8:34 a.m.

Visitor introductions we made. Terry Guminy, Behavioral Health at Lutheran Social Services and Jennifer Hammel, Child Abuse Prevention Fund.

#### APPROVAL OF MINUTES

Sara Carpenter clarified that the paragraph referencing her work at Wisconsin Community Service (WCS), it is an adult drug treatment court program, not a youth program.

Kathy Mullooly moved to approve the minutes with the one correction, seconded by Katie Miller.

## BOARD LIAISON REPORT

Joe Vitale reported that the HHS Board meeting was cancelled, because there are new board members. They will resume meeting in June. The budget hearings with the Board are scheduled for July 19, July 20, and, if necessary, July 23. Gilbert Yerke is the new chair for the HHS Committee. The HHS Board chairperson is Dennis Farrell.

They discussed inviting Gilbert Yerke to a future CAFSAC meeting and Joe believes he would be receptive. Missy will extend the invitation.

# SPECIAL SERVICES ADVISORY COMMITTEE REPORT

Missy said they meet later today. Special Services Advisory Committee is the subgroup of CAFSAC. Years ago there was the DDAC (Developmental Disability Advisory Committee) focusing on adults with disabilities. With the restructuring of HHS and the ADRC (Aging and Disability Resource Center), the group re-organized and became the SSAC. Now they're made up primarily of parents who have children with long term care needs, in different stages of accessing services. They are eager and willing to share opinions and experiences with B-3, Family Support Program, Children's Waiver, etc. The parents are the leaders in this committee and we consider their advice on program and policy changes. We keep them abreast of any changes in the law or DHS (Department of Health Services) administrative rules. A couple years ago they held a successful Resource Fair and Missy stated they are talking about doing that again in the future. Meetings are quarterly and the agenda/minutes are posted on Waukesha County's

website. They invite speakers to attend and have had school districts present. State of Wisconsin DHS speakers, CPS supervisors, United Cerebral Palsy Respite, etc. We will continue to share meeting minutes between CAFSAC and SSAC.

#### **PARTNERSHIPS**

Eve Altizer gave an update on Children's Mental Health Outreach Services. She reported the CST Systems of Care review was recently completed and submitted to the state. Several years ago the Integrated Services Project (ISP) in Waukesha County transitioned into the Coordinated Services Team (CST). More commonly known for providing services to severely emotionally disturbed youth, the clinic teams provides outpatient mental health services, crisis services and clinical case management services to children and their families in Waukesha County. Generally, services are funded by commercial insurance and T-19.

The team works with a youth population at high risk of hospitalization and out of home placement in the county. Many of the children have received inpatient psychiatric services and are having difficulties maintaining in the home and school settings. The initial step is to create a child and family team with community providers and partners. We develop a plan of care to support the family and avoid the youth being placed in foster care, residential treatment and or inpatient treatment. CST staff works with families to develop their team and natural support. The family's plan of care is designed by the family to meet their individualized needs. Most work with families is completed in the home, school and community settings. One of the goals is to address transition issues and successfully transition young persons into adulthood. One of the first resources provided to families is information on the Compass program. Referral sources include mental health providers, child welfare agencies, juvenile justice, AODA providers, schools and parents. In 2011, the CST serviced approximately 80 child and family teams (300+ individuals.)

CST participants are enrolled in the state Citrix data base to track data quarterly data, including placements, school information and juvenile offenses. They also use CANS assessment every six months and results are sent to the state. Services are funded through targeted case management billing, T-19 and private insurance. Initially, many families do not have T-19 or private insurance and staff often assist the families in obtaining insurance. Missy asked if in home services are ever questioned by insurance. Eve said that targeted case management is expected to occur within the home and community settings, and that team members do not do intensive in home treatment at this time. Ed asked for more information on Compass. Eve said Compass is the central application point for T-19, CLTS Waiver, Family Support. Eve will forward the Compass contact information: <a href="mailto:info@compasswisconsin.org">info@compasswisconsin.org</a> 866.710.4054 Kenosha, Racine, and Walworth; 414.266.6151 Waukesha.

Jesús asked about collaboration with other divisions in the department, access to respite care, etc. Eve said numerous services are available and they rely on other divisions for help in funding, as the families are not referred with an immediate funding source. They do rely on other parts of the agency for assistance. There is a small budget for mentoring; enough to service five or six children, and they rely on United Way to fund additional children. Collaboration can always improve. Eve explained the Multi-systems Workgroup which is a group represented by

AODA, Mental Health, Juvenile Justice, and ADRC, all working together and evaluating how the system is working for the children and families in multiple systems of care. Other collaboration occurs, i.e. if a child is in JCI, they want to team and assess together. If we have an open case and a child gets referred to Juvenile Justice, they want to be involved. They collaborate with a number of community partners, i.e. Healthy Families, Catholic Charities, Public Health - anything to do what they can to meet the family's needs.

For every emergency detention in the county they do outreach to the family. In 2011 there were 215 juvenile detentions, down a little from 2010. They also attempt to educate with schools and families to prevent emergency detentions. Pete Slesar added this refers to mental health psychiatric situations, not juvenile center detentions. Pete Slesar talked about crisis workers.

Identified unmet needs are a lack of respite resources and help transitioning from the juvenile mental health system to the adult mental health system.

Eve reported they are collaborating with Waukesha School District regarding local children with trauma needs. A lot of kids need therapy or counseling. They're underinsured.

There is further need for more collaboration with law enforcement in terms of avoiding Chapter 51 mental health detentions of children, and educating and understanding uncontrollability; not necessarily taking the child and having referred for a law violation.

The Waukesha County HHS therapists are Brad Haas, Mai Thao and Lisa Malecki.

Sarah Matson asked about the financial component. She has a family who has exhausted all insurance and is now facing a \$10,000 charge through Waukesha County. Eve stated it's hard to say what could be done without seeing the bill, and advised the family should advocate with the worker. They discussed payment plan options. Eve said when children are placed in psychiatric care the family is sometimes not advised that they are allowed to apply to institutional T-19. If the family does not submit financial information for sliding fee scale to apply, they are billed full cost of care.

Missy asked about Eve's support group meetings in regard to what schedule they decided to try. Eve answered they have met two Tuesdays now with good attendance. It is a different population coming to this group. They will meet the 2<sup>nd</sup> Tuesday, monthly. Eve will email the brochure to Julie to share with CAFSAC.

## **ANNOUNCEMENTS**

Carol Hanneman-Garuz, Addiction Resource Council, reported they are working on something with the new Miss Wisconsin. Her platform is being a child from a family with addiction. They plan to have her coming for an event in September, which is recovery month. It will likely be a program at a high school to address coping strategies.

Katie Miller, National Children's Study in Waukesha announced they are moving to different management model. They had been contracted through UW Madison. The follow-up is now

handled by a national organization. This might become local again in 2013. The offices in Waukesha are closing in June and staff will be displaced. This is a 21 year study. As Waukesha was a pilot to this study, they will help the new organization with transitioning. Her role on that committee is unknown at that time.

Kathy Duffek reported that Whiterock Elementary School will become the Early Learning Center for Waukesha and have a learning resource center. They'd like to have presence of non-profits who work with that clientele as presenters and make the resource center a family friendly place. There's a meeting next Wednesday, May 23, at 3:00 p.m., or you can contact her or Racquel regarding what they're looking for if you want to attend.

Missy announced there are still two days left to register for the annual B-3 Bravado challenge, hike, bike and paddle. It takes place on June 2 through the ice age trail in Lapham Peak. Go to bravadochallenge.org and register on line. She also has some volunteer opportunities available.

Jesus said La Casa is holding its first annual 5K run/walk on June 23 at Frame Park, during Fiesta Waukesha. They are looking for teams of walkers.

Debra Wandsnider invited everyone to join the Hebron House run/walk with a high heel sprint, June 9 at Frame Park at 9:00 a.m. She also announced that their main administrative offices moved to St. Matthias Church now, 111 E. Main St., entrance on Pleasant Street, phone number remains the same. Debra reported they have a special HPP grant to assist applicant with security deposits or rent. The person needs to be at 50% or lower income and cannot be on subsidized housing. It is for single adults or families. For more information, call Crystal ext. 522-1407, the financial person at Hebron House. Joe asked if they had purchased the school building on Northview they had been looking at, and Debra answer they did not; they are still looking.

Missy asked if everyone reviewed the draft of the issue segment schedule for the year, previously emailed. Kathy Mullooly approved and Shari Campbell seconded the approval of the issue segment 2012 calendar.

#### **UW EXTENSION**

Melinda Stuart and Jerry Braatz were introduced from UW Extension. Pete Slesar explained they had recently presented to the agency managers an overview of services they have available. One service they provide is strategic planning with agencies. Given discussions we've had over an extended period of time regarding looking at collaboration and efficiencies, Pete thought this would be a good presentation. CAFSAC members introduced themselves and gave a brief description of their agency.

Melinda stated their goal is to help people extend themselves through life long learning. She shared brochures. Jerry pointed out that the brochures do not include all programs, but these are the most relevant. They work on strategic planning with local government units, non-profits, and organizations. They first do an assessment and then it is a ten-step research-based model.

With the growing Latino population, they offer the Walk an Hour in My Shoes training. This is a curriculum-based program that Fred Garcia, Social Worker at HHS, is involved in. It is now being taught state wide. Pete Slesar talked about the three or four sessions we had with our staff and it was very positive.

Their poverty workshop is a good training opportunity. It's a simulation type process showing how to make it on limited resources and is a half-day training. It's designed for between 40 and 75 people.

They have access to a lot of demographic data that can be analyzed for various groups and organizations. They also have access to the UW Madison laboratory. Pete Slesar added we have used them for evidence based practice initiatives. Statewide they have developed programs that have been helpful to us as we've worked to implement them here. Missy asked if there are fees charged for requesting demographic data. Jerry said it depends on how much time is involved. Jesús asked how much lead time is required to look up data if needed for a grant application. He answered 3 to 4 weeks is estimated.

Jerry talked about the First Impressions program focused on customer service. It is similar to a secret shopper. They do this with businesses and non-profits. It gives good feedback on your service.

They talked about their nutrition education program, which includes group classes or one-on-one. Kathy Duffek said it was a fabulous program one of her associates just when through. The program teaches healthy eating on a budget.

Melinda report on their horticulture help line for anyone trying to grow their own food. They provide a variety of education including the Master Gardener Course. There was discussion on community gardens. Every year they have one with Huber and some limited income community gardens. There are 95 plots on two acres available to the community at the Huber facility. Produce is distributed to food pantries.

They discussed UW Extensions collaboration and work with many of the agencies at the meeting. Because they have so many contacts on a regular basis, they are always distributing information on our agencies. Missy asked what we can do to help them. Jerry answered resources are tight, and if there's ever a grant that they can help with, they can bring a lot of research and bolster the application, which helps the community.

Pete Slesar asked about organizational development. Going back to where we are in the budget cycle, the message we continually get is how to be more efficient. The number of agencies is sometimes viewed at duplicative efforts. He asked if analyzing collaboration efforts or merger of agencies is something that the UW Extension would do. Jerry said in our area of knowledge, they are constantly studying organizational development. Shari Campbell added that the United Way Task Force is working on doing that over the next six to eight months. They discussed ideas to take concrete steps to show we're working together. It's very challenging because of the multi layers of each organization. Pete Slesar said as CAFSAC we need to address the issue in some way, to show tangible results. Do agencies want it to truly be an initiative - to approach

their boards to see if there's interest in merging, consolidating, or collaborating to improve efficiencies? Joe Vitale advised to be careful not to spend more time studying this than working with our clients. He sees collaboration as more important that merger. There's a lot of diversity that sits on CAFSAC and merger will not bring the most efficiency - it's the communication and collaboration that will. Missy asked Melinda and Jerry to keep us in mind if they note an interesting grant or project to address this, maybe a study that leads to an action plan. We would participate. We just don't have the capacity to move forward, but we know our boards are talking about it. Keep us in mind or continue conversations with us.

# **ADJOURNMENT**

Katie Miller moved to adjourn and Joe Vitale seconded at 10:05 a.m.

Approved on 6-21-12 date